



Post-Treatment Care Guidelines

(For Aesthetic Treatments)

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Botox



botox

Botox is a medicinal substance derived from a modified form of Clostridium botulinum toxin, which weakens or paralyzes muscle function. In low doses, Botox can effectively reduce the appearance of wrinkles and fine lines. In addition to its aesthetic applications, Botox has medical uses, such as managing migraine headaches and controlling excessive sweating by .reducing the activity of overactive sweat glands

► Post-Treatment Care Instructions:

- For the first 5 hours after the injection, avoid bending forward, prostrating, washing your face, or lying down. You may rest in a semi-sitting position during this period.
- In the first 5 hours post-injection, frowning or raising your forehead every 30 minutes can enhance the depth and longevity of the treatment's effects.
- Refrain from dyeing your hair for one week. However, sulfate-free and non-irritating, standard hair dyes are permissible.
- Follow-up or additional injections are not possible within 14 days of the initial treatment, as the full effects of Botox are not yet established during this period.
- Avoid direct sun exposure and heat for the first few hours after the injection.
- Changes from Botox (e.g., eyebrow lift, facial refreshment, wrinkle reduction, etc.) are subtle and align with the natural movement of the patient's muscles. Consult your physician if additional changes are desired, as complementary treatments may be required.
- To reduce potential bruising, consume pineapple or take Anaheal tablets. Bruising is more likely in areas with superficial blood vessels, such as around the eyes.
- Avoid alcohol consumption and smoking for at least 24 hours post-injection.
- Do not apply pressure or massage the injected areas, as this may cause Botox to spread to unintended areas.
- Refrain from using cosmetic products for 24 hours.

- Avoid wearing headbands or hats over the injected area for the first 24 hours.
- Refrain from strenuous exercise and yoga for 24 hours; walking is permitted.
- If Botox is administered to the underarm area, avoid showering for 24 hours.
- Small bumps may appear at the injection site, but these are temporary and typically resolve within minutes to a few hours.
- Avoid swimming pools, saunas, and hot tubs for 48 hours.
- Eyebrow or eyeliner tattooing should be scheduled 2–4 weeks before or after Botox injections.
- Mild pain or burning at the injection site is rare and typically subsides within a few hours.
- Due to natural anatomical asymmetry, slight asymmetry may occur post-injection but can be corrected.
- The effects of Botox begin to manifest between days 3 and 10, reaching their peak within one month.
- Avoid consuming spicy, heat-inducing, or allergenic foods.
- The effect of Botox on migraine headaches is partial and not absolute.



Rejuvenatin Treatments

Electro-meso-needling, Combo, VRF



Rejuvenation Treatments

Electro-meso-needling is a combination of microneedling, mesotherapy, and electroporation waves. During each session, microneedling stimulates the skin to regenerate and produce new skin layers, while mesotherapy drugs tailored to individual skin needs (e.g., hydrating, anti-acne, oil control, brightening, or pore management) are simultaneously injected. Electroporation waves enhance the maximum absorption of mesotherapy cocktails and stimulate collagen production. In VRF treatment, radiofrequency waves penetrate the second layer of the skin, promoting collagen synthesis, which helps tighten the skin, reduce open pores, and minimize superficial wrinkles. This step significantly contributes to skin firmness.

► Post-Treatment Care Instructions:

- Avoid washing the treated area with water for 24 hours. Using a normal saline solution is permissible.
- Inform your physician if you have had recurrent herpes (cold sores) in the past 6 months, as medication may be prescribed if necessary.
- For one week, refrain from waxing, shaving, using depilatory creams, scrubs, or exfoliating treatments.
- Avoid anti-inflammatory drugs and painkillers, as they may negatively impact the treatment process. Use an ice compress (available from the clinic) to alleviate inflammation or redness.
- Notify your physician if you have a history of keloids, excessive scarring, psoriasis, vitiligo, or lichen planus.
- Do not use makeup products for the first 3 days post-treatment.
- Avoid alcohol, smoking, and spicy foods, as they may increase skin inflammation.
- Flaking and dryness of the skin are normal. Use a hydrating cream after inflammation subsides to address this.
- Do not pick or remove flaking skin.
- Apply a colorless repairing cream and sunscreen every 4 hours until inflammation resolves. After 48–72 hours, you may resume your regular skincare routine.



- Redness and inflammation may persist for 2–3 days but will subside.
- You may shower one day after the treatment.
- Drink plenty of fluids, as this soothes the skin and accelerates rejuvenation.
- Avoid prolonged direct sun exposure for several weeks.
- Continuation of subsequent sessions depends on satisfaction with the results of the previous session.



Face Filler





Facial Fillers

Dermal fillers are gel-like substances used to restore lost volume and address facial hollows. High-quality fillers are made from hyaluronic acid, a naturally occurring substance in the body, making them one of the fastest and safest methods for facial rejuvenation.

► Post-Treatment Care Instructions:

- Avoid strenuous exercise for 48 hours.
- Refrain from washing the injection site or showering for 24 hours.
- Sleep on your back with your head elevated above your body for 24–48 hours.
- Avoid facial shaving and exfoliation for 2 weeks.
- Postpone rejuvenation treatments such as Electro-meso-needling, VRF, or HIFU therapy for 30–40 days.
- For the first 24 hours, avoid applying pressure, massaging, or manipulating the injected area.
- Feeling the filler under the skin due to injection-related inflammation is normal for up to one month.
- Inflammation, swelling, or bruising may occur but typically resolves within 3–7 days.
- Avoid salty or spicy foods, smoking, and alcohol for 24 hours.
- Drink plenty of fluids to enhance filler longevity.
- Avoid dental visits for 3–4 weeks after filler injection.
- Swelling and inflammation may be more pronounced in areas with less soft tissue, such as the temples.
- For chin filler injections, avoid resting your hand under your chin or placing your chin on surfaces to prevent pressure on the injected area.
- For nose filler injections, consult your physician immediately if you experience severe pain, bruising, or paleness.

- Nose filler is injected along the nasal bridge and does not affect breathing.
- After nose filler injection, avoid using tape or bandages on the nose.
- For under-eye filler injections, avoid resting your face on a pillow in a way that applies pressure to the injected area
- Refrain from facial massages and skin cleansing treatments for 2 weeks after under-eye filler injection.
- Avoid using eye creams for 3 days post-treatment.
- Avoid hot environments such as saunas, jacuzzis, pools, or tanning beds.
- Consult your physician immediately if you experience severe symptoms such as increasing swelling, inflammation, intense pain, or vision impairment.
- The final results of under-eye filler are visible after 1 month.
- In cases where the skin on the hands appears thin or bony due to volume loss, fillers may be injected at the physician's discretion. Do not wash the injection site for 24 hours post-treatment.
- The longevity of fillers typically ranges from 12–18 months.



Lip filler



Lip Fillers

Lip fillers (lip augmentation or enhancement) are a cosmetic treatment in which fillers, primarily composed of hyaluronic acid, are injected into various parts of the lips to enhance volume, prominence, symmetry, and shape.

During the procedure, hyaluronic acid–based fillers, which have a gel–like consistency, are injected into the lips or surrounding areas using a needle or cannula. Hyaluronic acid is an effective filler due to its hydrophilic nature, meaning it attracts and retains significant amounts of water, resulting in plumper lips. Injections directly into the lips create a fuller, more voluminous appearance, while injections around the mouth enhance lip definition.

► Post-Treatment Care Instructions:

- Swelling is expected in the first 24–72 hours post-injection. Consult your physician if you experience excessive or widespread bruising, paleness, or severe pain.
- Avoid eating for the first 2 hours after the injection.
- Refrain from applying makeup to the lips for the first 24 hours. In case of dryness, use lip balm or vitamin A ointment.
- Avoid touching, massaging, or applying pressure to the treated area for 48 hours, and do not sleep on your face.
- To reduce bruising, consume pineapple or take Anaheal tablets.
- Avoid eating hard foods (e.g., sandwiches, crusty bread, apples) that require biting for the first 3 days.
- As lip fillers are made of hyaluronic acid, staying hydrated by drinking plenty of water enhances filler longevity.
- Avoid vitamin E for 3 days post-injection to reduce the risk of bruising.
- Do not use a straw for drinking.
- Avoid exposure to hot environments, such as saunas, pools, or jacuzzis, for 2 weeks.
- Refrain from dental visits for 2 weeks post-injection.
- Inform your physician if you have a history of recurrent cold sores.
- Due to initial swelling, lips may appear uneven or not smooth in the first week. Final results are visible after 1 month.
- Lip filler longevity typically ranges from 8–12 months.



Mesogel



Mesogel

Mesogel is an effective treatment for reducing wrinkles and providing deep skin hydration, resulting in a youthful and vibrant complexion. It stimulates the production of collagen-forming cells, improves blood circulation to the skin, reduces skin damage, and enhances moisture retention. In addition to hyaluronic acid, mesogel contains minerals, antioxidants, vitamins, and other beneficial compounds.

► Post-Treatment Care Instructions:

- Avoid sleeping on your face for 48 hours.
- Refrain from washing your face with water for 24 hours; cleansing with normal saline solution is permissible.
- Avoid strenuous exercise for 24 hours.
- For 72 hours, avoid direct sunlight and excessive heat, and use sunscreen.
- Do not touch or massage the injected area.
- Temporary swelling and inflammation post-injection are normal.
- Use a cold compress for severe swelling within the first 24 hours.
- Painkillers may be used if discomfort occurs.
- Combining mesogel with rejuvenation treatments like Electro-meso-needling, VRF, or HIFU therapy can significantly enhance its effects.
- As a complementary treatment, mesogel amplifies the results of other rejuvenation methods.
- Facial shaving is permitted after 24 hours.
- Like other rejuvenation treatments, mesogel requires periodic renewal as aging progresses.
- Collagen supplements provide minimal benefit to mesogel's effectiveness and are not recommended.
- Continuation of subsequent sessions depends on satisfaction with the results of the previous session.
- For mesogel applied under the eyes, use a cold compress for 24 hours.
- Swelling under the eyes for 2–3 days is normal. Inform your physician if you experience severe swelling, inflammation, or bruising.



Focus Therapy



Focused Therapy

Focused therapy is an advanced form of ring-shaped HIFU (High-Intensity Focused Ultrasound) designed to lift and tighten facial muscles. It delivers ultrasound waves to three skin layers—epidermis, dermis, and SMAS—at depths of 1.5, 3, and 4.5 mm, inducing controlled tissue damage to stimulate collagen production. This treatment is typically performed in a single session, with results lasting approximately 1.5–2 years.

► Post-Treatment Care Instructions:

- A key advantage of focused therapy is the absence of a recovery period, allowing you to resume daily activities immediately.
- Avoid exposure to extreme heat (e.g., saunas, jacuzzis, pools) or extreme cold post-treatment.
- Always apply sunscreen.
- For inflammation or redness, use a repairing cream every 4 hours for 24–48 hours.
- Inform your physician if you have dental implants, prosthetics, a pacemaker, or a history of surgical procedures.
- Mild inflammation or flushing in the first few hours is normal and will subside.
- Some individuals may experience temporary tingling sensations.
- Mild pain in bony areas is normal.



Hair mesotherapy





Hair Mesotherapy

Hair mesotherapy involves the direct injection of specialized medications, including vitamins, proteins, amino acids, and other nutrients, into the hair roots to improve blood circulation and strengthen hair.

► Post-Treatment Care Instructions:

- Avoid showering for 24 hours; cleansing with normal saline solution is permissible.
- Refrain from hot tubs, saunas, or jacuzzis for 48 hours post-treatment.
- Gentle massage of the injected area for a few days aids in distributing the medication.
- Avoid anti-inflammatory drugs, aspirin, or vitamin E for 24 hours post-injection.
- Refrain from exercises that cause sweating for 48 hours.
- Avoid using hair straighteners or blow dryers with very hot air in the first few days post-treatment.
- After 48 hours, a warm bath or shower is recommended to aid recovery.
- Complete the full course of any prescribed supplementary medications.
- This treatment is safe during pregnancy and breastfeeding.
- Hair dyeing is permitted after one week.
- Continuation of subsequent sessions depends on satisfaction with the results of the previous session.



Thread lift



ThreadLift

A thread lift is a relatively non-invasive procedure that contours and lifts the mid and lower face using specialized threads. The recovery period is short. Upon insertion, the threads stimulate the accumulation and proliferation of fibroblasts, promoting collagen production and continuous elastin fiber secretion. This creates a scaffold-like network under the skin. Results improve progressively over 90 days and last approximately 2 years.

► Post-Treatment Care Instructions:

- The procedure typically takes about 30 minutes.
Avoid applying pressure or massaging the face.
- Refrain from lifting heavy objects post-treatment, as strong facial muscle contractions can be harmful.
- Drink plenty of water and fluids during the first two weeks.
- Do not apply adhesive bandages to the needle entry points.
- Avoid using makeup for 48 hours, as moving the treated area can be detrimental.
- For the first week, gently wash your face with water and soap without massaging.
- Complete the full course of any prescribed antibiotics or anti-inflammatory medications.
- Avoid opening your mouth excessively for about 3 weeks and refrain from dental visits for one month.
- For 14 days, avoid strenuous exercise, swimming pools, saunas, jacuzzis, and extreme cold exposure.
- Refrain from treatments such as laser, Electro-meso-needling, VRF, or other aesthetic procedures for one month.
- Mild pain, burning, or itching is normal and typically resolves within two weeks.



Micro Subcision



Micro-Subcision

Micro-subcision is a treatment method for addressing scars and acne marks. A key factor in the formation of depressed acne scars is the presence of adhesions and fibrosis beneath the skin, which pull the skin inward, creating indentations. In this procedure, a specialized tool is inserted horizontally into the skin to break down fibrotic tissues. To prevent re-adhesion, fillers may be injected into the tissue at the physician's discretion. This treatment can be combined with Electro-meso-needling and VRF for enhanced results.

► Post-Treatment Care Instructions:

- Rest for the first 48 hours and, if possible, avoid going to work.
- When lying down, use two pillows to elevate your head to help control facial inflammation.
- On the first day, use a cold compress to reduce swelling.
- Avoid alcohol, smoking, and vitamin E for one week.
- Refrain from lifting heavy objects, bending, or engaging in strenuous activities for 2 days, as intense facial muscle contractions can be harmful.
- Use a stronger sunscreen for one month post-treatment.
- Avoid strenuous exercise, swimming pools, saunas, jacuzzis, and extreme cold exposure for 14 days.
- Apply tetracycline ointment to the needle entry points every 8 hours for 3 days and replace Tensoplast bandages as needed.
- Avoid washing your face for 24 hours; during this time, gently cleanse with a specialized solution (available at pharmacies).
- Some swelling and redness are expected post-treatment, resolving within 2–3 days, with minimal pain.
- Bruising may occur, typically improving within 3–7 days depending on skin type.
- Complete the full course of any prescribed antibiotics.



Hair Removal Laser



Laser Hair Removal

Laser hair removal utilizes a highly energized beam of light with specific physical properties. Lasers are widely used in both medical and industrial applications, such as cutting and engraving in industry and procedures like LASIK eye surgery in medicine. Laser technology can be tailored for specific purposes, and in the case of hair removal, it is designed to target unwanted hair without affecting surrounding skin or tissues.

► Post-Treatment Care Instructions:

- Modern laser equipment rarely causes severe or unpredictable side effects.
- Individuals with thick, dark, dense hair may experience pain or a burning sensation during the procedure.
- Initial effects are typically visible within two weeks, with hair becoming loose and falling out. Each session results in thinner hair and reduced density.
- During treatment, hair should only be shaved or removed with depilatory cream.
- Avoid plucking, threading, or waxing, as removing hair from the root eliminates the melanin target in the hair follicle, significantly reducing laser efficacy.
- To prevent skin discoloration (hyperpigmentation or hypopigmentation), avoid sun exposure for 4–6 weeks before and after treatment. Regular and consistent use of sunscreen is essential to prevent melanocyte stimulation and subsequent skin color changes.
- Although safe, laser hair removal is not recommended during pregnancy due to heightened sensitivity and potential legal concerns.
- Side effects are rare, but temporary skin discoloration (hyperpigmentation or hypopigmentation) may occur, typically resolving over months.
- In individuals with darker skin, burns or blisters may rarely occur but are treatable and reversible.

- Realistic expectations are essential. Exaggerated or misleading advertisements can create confusion. Multiple sessions are necessary, and results vary between individuals. Claims of “guaranteed” outcomes are misleading in medical contexts.
- Laser hair removal is not permanent; after completing sessions, approximately 80% of unwanted hair is reduced, with remaining hair often thinner and lighter.
- Avoid using exfoliating products that may sensitize the skin in the treated area.
- Refrain from washing the treated area with hot water for the first 24 hours; lukewarm or cold water is permissible.
- Avoid using a bathing sponge or scrubbing the treated area for the first 3 days.
- Do not tan (via sunbathing, tanning beds, or other methods) between sessions.
- Hair shedding varies per individual and may occur up to 2 weeks after the first session.
- Black spots on the skin post-treatment may indicate burned hair roots, which will naturally shed.
- Avoid swimming in chlorinated pools or using saunas for one week post-treatment.



Hyalaz or Enzyme Injection



Hyalase or Enzyme Injection

Hyaluronidase is a naturally occurring enzyme in the body that breaks down and dissolves hyaluronic acid molecules. It is used in both medical and aesthetic applications. Hyaluronidase is employed when issues arise with hyaluronic acid-based fillers, such as over-injection, improper placement, or a patient's desire to reduce filler volume. Prior to injection, a subcutaneous test is performed to check for adverse reactions like itching, hives, or severe inflammation; if these occur, the injection is not administered. Results of the treatment may take up to 2 weeks to fully manifest.

► **Post-Treatment Care Instructions:**

- Gently massage the injected area post-treatment.
- Avoid washing the treated area for 24 hours



V Line

THREAD LIFT



VLine Threadlift

It is a non-surgical procedure for lift and rejuvenation of the face using special thread complemented with filler injection, facial lift and thread lift. Depending on the thread type and skin conditions, it may last for 12 to 18 months. Using the lift procedure, this treatment provides 40%–60% effectiveness, being the last treatment before surgery, i.e., only surgery can provide more lift than this procedure.

► Post-Treatment Care Instructions:

- Use a cold compress for 24 hours.
- Do not massage the treated area.
- Avoid exposure to extreme heat.
- Avoid sleeping on your side and applying pressure on the filler or threads.
- Take painkillers if prescribed by the physician.
- Avoid strenuous activities (swimming, saunas, and extreme heat) for two weeks.



Cell-New



Cell-New

This is one of the most complete and modern combo rejuvenation treatments (SygmaLift, Electro-meso-needling, MesoGel). Rejuvenation of a deep skin layer and collagen production of the skin using ultrasonic waves in HIFU leads to lifting, skin tightening, and slowing down skin aging and finally skin rejuvenation. Electro-meso-needling provides surface skin rejuvenation and collagen production leading to a fresh and subtle skin. Electroporation waves enhance the absorption of cocktails. Mesotherapy cocktails (anti-acne, hydrating, brightening, oil control, or pore management) are used at this stage of treatment. Needling (removing stratum corneum – dead outer layer of the skin) and stem-cell MesoGel increase collagen and reduce wrinkles and pores, while salmon MesoGel is deeply hydrating, brightening, and anti-acne.

► Post-Treatment Care Instructions:

- Do not wash the treated area with water for 24 hours and refrain from heavy exercises.
- Inform your physician in case of having keloid, psoriasis, vitiligo, or Lichen Planus.
- Use a repairing cream and colorless sunscreen every 4 hours until inflammation is recovered.
- Avoid long-term direct sunlight exposure for several weeks.
- Apply cold compress on the injection site for 24 hours.



Double Chin TREATMENT



Double Chin Treatment

This special treatment is meant for the double chin area, which with a non-invasive approach reduces the extra mass and improves skin tightness. The main objective is to create a balance in the face using combo technologies like RF lift devices and fat burning MesoGel, which reduce fat and remove double chin. Employing modern techniques and advanced compounds provide conditions for the double chin area skin to look smoother, tighter, and more proportionate, significantly reducing double chin area fats. This is the best choice for those seeking a more natural look and higher self-confidence.

► Post-Treatment Care Instructions:

- Use a cold compress for 24 hours.
- Use a hot compress or hot towel within the second 24 hours on the treated area.
- Avoid long-term direct sunlight exposure or excessive heat for a week.
- Use anti-inflammatory pain-killers as prescribed by the physician



Morpheus 8



Morpheus 8

It is a novel solution for rejuvenation and skin quality improvement without surgery, which, employing combo technologies of RF devices, EPN, and a combination of MesoGels, elevates skin tightness, reduces pores, improves superficial skin texture and glow, and helps with skin rejuvenation. This treatment suits those seeking reducing skin pores and improving skin texture, who prefer a non-invasive method for achieving a fresher and younger look. Most people have a tighter, brighter, and fresher skin after using Morpheus 8. Applying delicate and natural changes, this treatment provides the face with a new fresh and young look.

► **Post-Treatment Care Instructions:**

- Use a repairing cream and sunscreen every 4 hours.
- Do not wash your face for 24 hours.
- Do not wear any makeup for 3 days.
- Avoid direct sunlight for a week



Eye Perfect Total



Eye Perfect Total

It is a safe, non-invasive, and effective solution for rejuvenation of skin around eyes. It is a novel method to improve darkness, puffs, and small wrinkles around eyes. This special treatment is meant for areas where Botox is not applicable. Employing the advanced technique of MesoGel, focusing on dark circles under the eye, removing small wrinkles, it reduces puffs and rejuvenates skin around eyes.

► Post-Treatment Care Instructions:

- Use cold compress for 24 hours.
- Do not wash your face for 24 hours.
- Use eye creams after 24 hours.
- To reduce potential bruising, have pineapple or take Anaheal tablets (consult the physician).



Belly Red Pro



BellyRedPro

This treatment is for topical slimness of flanks and reduce fat deposits along the sides without surgery. It uses advanced techniques to destroy fat cells with a light and risk-free treatment. It can be used on a focal point on the body. It can provide a 20–50% of size reduction on the sides and treated area.

► Post-Treatment Care Instructions:

- Take a 30-minute walk every day for better results.
- Drink at least 8 glasses of water per day.
- Massage the treated site for 24 hours.
- Maintain a healthy and proper diet.
- Remove sugar substitutes from your diet.
- Reduce fat consumption in your diet



Diamond Package



Diamond Package

This is a complete combo package including lift devices, Electro-meso-needling, and combination of two MesoGel types, along with a specific eye MesoGel, which tightens and lifts the skin, stimulates collagen production and rejuvenation, transferring necessary material to deeper skin layers and using stem-cell MesoGel for hydration and rejuvenation and improving skin glow. Special MesoGel is used for skin tightening to remove wrinkles. Under-eye MesoGel is used for brightening and improving skin quality under eyes, removing wrinkles, and providing hydration. This package is one of the most complete and up-to-date rejuvenation and skin tightening protocols, in which the skin starts a deep restoration process along with lift and stretch.

► Post-Treatment Care Instructions:

- Refrain from washing the treated area and performing heavy exercises for 24 hours.
- Inform your physician in case of having keloid, psoriasis, vitiligo, or Lichen Planus.
- Use a repairing cream and colorless sunscreen every 4 hours until inflammation is removed.
- Avoid long-term direct sunlight exposure for several weeks.



Soft Shape



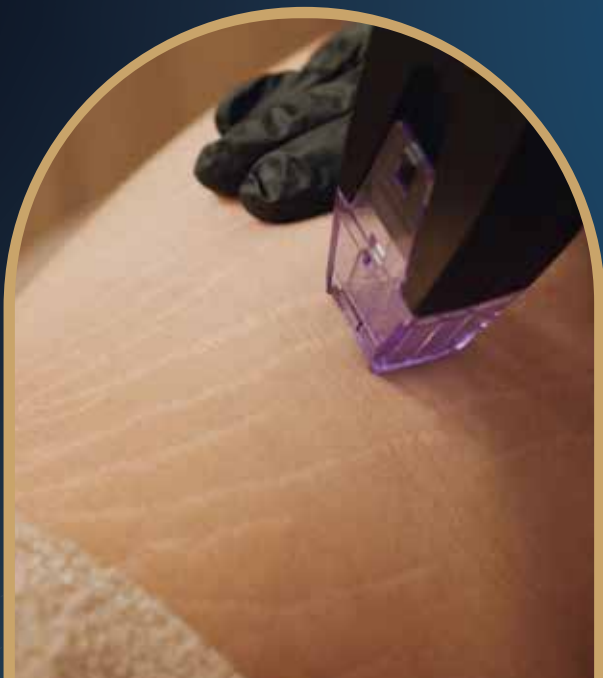


Soft Shape (thigh cellulite)

An effective and unique treatment to remove the cottage cheese effect in legs and thighs. It is gained in 3–6 sessions using combo techniques – fat burning Mesos, RF, CAVITATION – having a comprehensive effect to improve and remove the cellulite effect. It leads to fat bulk reduction, skin tightening, and improvement of cellulites.

► Post-Treatment Care Instructions:

- Use cold compress for 24 hours and then use a hot towel.
- Take an Ibuprofen tablet every 8 hours.
- In case of severe swelling, use anti-inflammatory injections under physician's supervision.
- Avoid strenuous activities (saunas, hot tub, direct heat) for two weeks.
- Do not take a bath/shower for 24 hours.



Morpheus Body



Morpheus Body

Morpheus Body is an advanced non-surgical treatment to reduce stretch marks and improve general skin look.

Morpheus Body can reduce up to 60% of your stretch marks! Combining modern and advanced techniques like Stem-cells MesoGel, ANTI-TACHES, and COMBO, performed skillfully by the physician. The treatment stimulates skin collagen and elastin production leading to skin tightness and rejuvenation. It has a short recovery time. The treatment provides at least 20% more effectiveness than laser-therapy.

► Post-Treatment Care Instructions:

- Refrain from washing the treated area and heavy exercises for 24 hours.
- Inform your physician in case of having keloid, psoriasis, vitiligo, or Lichen Planus.
- Use a repairing cream and colorless sunscreen every 4 hours until inflammation is removed.
- Avoid long-term direct sunlight exposure for several weeks.



A successful treatment outcome is the result of harmonious teamwork between the medical staff (physician and clinic personnel) and the patient.

It is widely acknowledged that educating patients on post-treatment care is one of the most critical responsibilities of medical centers. This guide has been compiled to address this important matter.

We have endeavored to cover the majority of current treatments while prioritizing clarity and simplicity in presenting the guidelines.

We hope that by adhering to the recommendations outlined in this guide, you will experience a standardized treatment process free from complications.

Dr. Mehdi Babaei Jahromi





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